Parent & Child Education Program

The Joys & Oys of Parenting - Insight and Wisdom from the Jewish Tradition
With Dr. Maurice Elias

FEB 5     10 AM - 11:30 AM

Parents: explore how today’s understanding of child development is illuminated and supported by thousands of years of Jewish wisdom, from the author of the new parenting book, The Joys & Oys of Parenting: Insight and Wisdom from the Jewish Tradition.

Dr. Elias offers both inspiration and practical advice for parents – with kids of all ages – seeking a way out of the confusion and exhaustion that can often characterize family life, so we can address the oys of parenting while still embracing its joys.

Children: While your parents are exploring parenting oys and joys with Dr. Elias, you are invited to explore the Joy of Being Jewish, with Sherri Lerner. They’ll learn about the holiday of Tu B’Shevat, the New Year for trees, and do a fun project that will enhance their understanding of the holiday.

Both programs are free and open to the public, but reservations are requested for the children attending the program. (The children’s program is available to children whose parents are attending the parent program.) RSVP to Office@hpct-cae.org.

Dr. Elias’ book will be available for purchase and signing.

Maurice J. Elias, Ph.D., is a professor in the Department of Psychology at Rutgers University, a contributing faculty member in the Department of Jewish Studies at Rutgers, and director of the Rutgers Social-Emotional and Character Development Lab. Dr. Elias lectures nationally and internationally, and devotes his research and writing to social-emotional and character development in children, schools and families, as well as Jewish adolescent identity development and Jewish education. He also serves as an advisor about Life Skills Education to the Israel Ministry of Education.

Sherri Lerner has created, developed and run youth and family programs at HPCT-CAE for many years as the volunteer leader of the Temple’s youth and family programming and Mini-Minyan/Junior Congregation.