



The Sisterhood and Men's Club of  
Highland Park Conservative Temple - Congregation Anshe Emeth  
presents



### **An Informative 3 Part Workshop Series**

Join us to gain awareness and a better understanding on how to cope with life's challenges. We will explore the topics of dealing with love and loss, illness, divorce and the death of a family member. Each workshop is designed to help us better prepare for these difficult chapters in life.

Please attend all three workshops to receive the full benefits, or attend separately.

#### **Workshop #1:**

***Dealing with the Legal & Financial Issues Associated with Loss***

Tuesday, January 9, 2018 in Tabak Hall, 8:00 P.M.

**Presenters:** Lisa S. Presser, Partner, Drinker Biddle & Reath LLP and David R. Tawil, Esq. Counsel, Family Law department, Budd Larner, PC

#### **Workshop #2:**

***Coping with our Emotions - The Psychosocial Side of Loss***

Tuesday, January 30, 2018 in Tabak Hall, 8:00 P.M.

**Presenter:** Norma Bowe, R.N., M.H.A., Ph.D., Professor, Kean University

#### **Workshop #3:**

***The Importance of Shiva - Shiva Assistance and Training Shiva Rituals, Coordinating Community Support and Prayer***

Tuesday, February 20, 2018, in Tabak Hall at 8:00 P.M.

**Presenter:** Rabbi Stephanie Dickstein, LMSW, JBFCS Spiritual Care Coordinator

**Please RSVP to attend:** Susan Winter - [winter.susan@gmail.com](mailto:winter.susan@gmail.com)

Questions: Helene Knee - [kneenote@gmail.com](mailto:kneenote@gmail.com)